Storytelling Saves Lives

Seeking individuals with a story to share about finding hope and healing despite their struggles with disordered eating and body image.

Please prepare a short (5 minute or less) piece using creative expression via essay, poetry, original song, dance, or any other creative outlets.

SUBMIT YOUR STORY TODAY
https://thisismybrave.org/event/virtual-auditions-anad/

Auditions for in-person and virtual submissions will be accepted through Friday, October 13, 2023.

Videos can be sent to jason.wood@anad.org with the subject line, “TIMB Audition Submission”.

Selected storytellers will share their stories in a special collaboration of This Is My Brave and ANAD (National Association of Anorexia Nervosa and Associated Disorders) live on stage at Northwestern University in Chicago on February 27, 2024. Both in-person and pre-recorded videos will be included in the show.

Brought to you in part by

Please note that this production is open to anyone struggling with an eating disorder, regardless of age, race, gender identity, sexual orientation, or background.

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